

MESSING
ADAM &
JASMINE

LINA BALCIUNAS COCKRELL

2150 River Plaza Dr., Ste 140
Sacramento, CA 95833
916.446.5297
lina@majlabor.com



Lina specializes in public sector labor law, representing police officers, firefighters and other public employees in internal investigations, disciplinary and termination proceedings, grievances, arbitrations, civil litigation, collective bargaining, and in actions before the State Personnel Board, California Public Employment Relations Board, and California Public Employees' Retirement System. Lina also handles general employment issues, providing counsel and representation in both the public and private sector.

Lina has significant civil litigation experience in the state and federal trial courts, including employment, real estate, bankruptcy, business, entertainment, and civil family issues.

Prior to law, Lina worked for eight years in sports media, including stints with NBC Sports, NBA.com and as a local sports anchor for a CBS affiliate in New England.

EDUCATION

University of California, Davis School of Law, J.D. 2005
Syracuse University, M.A., Broadcast Journalism 1997
University of Notre Dame, B.A., American Studies 1996

AFFILIATIONS & MEMBERSHIPS

State Bar of California
Sacramento County Bar Association
El Dorado County Bar Association

PROFESSIONAL DISTINCTIONS

Named by Lawdragon as one of the 500 Leading Plaintiff Employment & Civil Rights Lawyers (2021 and 2023) in the United States

Executive Committee, Labor & Employment Section, Sacramento County Bar Association 2016-2019

Extern to the Honorable Rodney Davis, California Court of Appeal, Third Appellate District

PRESENTATIONS

PORAC LDF Conference Panelist 2022: “Managing the Media and the Message” (July 2022)

Panelist, “Demystifying PERS: An Overview of the Litigation Process and Potential Pitfalls,” Labor and Employment Law Section of the California Lawyers Association’s 2022 Public Sector Conference (May 6, 2022)

Presenter, “Defending Police Misconduct at the Administrative Level,” Police Liability in California, Sacramento (September 9, 2014)

Panelist, “Choosing the Right Legal Career,” UC Davis School of Law (August 2007)

PUBLICATIONS

“A Domestic Violence Conviction Could Get You Fired, Even If You Aren’t Married,” *PORAC Law Enforcement News* (July 2021)

Co-author with Gary M. Messing, “Court of Appeal Reverses Disciplinary ‘Do-Over,’ Curbs Agency Ad Hoc Rulemaking in Published Opinion,” *PORAC Law Enforcement News* (February 2021)

Co-Author with Gary M. Messing, “Legal Watch: Court of Appeal Reverses CAL FIRE Disciplinary “Do-Over,” Curbs State Personnel Board Ad Hoc Rulemaking in Published Opinion,” *The CAL FIRE Local 2881 Fire Front* (Winter 2020)

Contributing author to *The Labor Beat*, Messing Adam's periodic publication and alerts highlighting topics germane to public sector labor employees

Coauthor, “California Supreme Court Approves Vastly Expanded Judicial Review of Arbitration Awards,” *AIR Waves*, the newsletter of AIR Commercial Real Estate Association (September 2008)